

## Featured Recipe Related to *Evelyn's Promise*

### Spinach and Eggs

I can imagine both of these main ingredients were easily available for most colonists. When I was adapting colonial recipes, this one sounded like one my husband and I would enjoy. We like both spinach and eggs, after all. So I pulled out the original recipe and tweaked to the following ingredients. It's easy and a healthy way to cook the spinach, too. Enjoy!

#### Ingredients

2 6-oz. packages baby spinach leaves

1 T olive oil

Minced garlic to taste

2 hard-boiled eggs, sliced

1 naval orange, segmented



#### Instructions

Heat the first three ingredients in a large covered pot until the spinach is tender.

Arrange spinach on a platter. Add sliced eggs and orange segments. Enjoy!